

ONLINE ACCESS, CLASSROOM FEEL

Weave education into your schedule with our 100% online Nutrition Consultant Program. Our program combines modern technology with personalized attention to give you the support you deserve.

- · Complete coursework anywhere, anytime
- · Connect through live, interactive lessons
- · Build community with small class sizes
- Receive support from a dedicated team

CAREER OPPORTUNITIES

Upon graduation, you can work in a variety of settings and locations:

- Private Practice, Shared setting with other Holistic Practitioners,
 Doctor's Office, Chiropractic Office, Acupuncture Office
- Wellness & Retreat Centers, Spas, Online, Virtual Events
- Community Centers, Schools, Senior Centers & Hospitals
- And More!





OUR CURRICULUM

Blending scientific research, real-life application, and a business curriculum designed for a nutrition professional, Bauman College prepares you for a holistic career helping others with integrating healthier food and lifestyle practices into their daily lives.

GRADUATES LOVE US!

"Bauman College gave me an in-depth knowledge of holistic nutrition and anatomy, coupled with an understanding of the challenges people experience and how we can use the food that we eat to encourage the highest quality life that we can." - Nancy Chang







NUTRITION CONSULTANT PROGRAM CURRICULUM



- **Eating For Health**
- Macronutrients Micronutrients
- - Digestion
 - Chronic Disease Prevention I **Chronic Disease Prevention II**

FOUNDATIONS OF NUTRITION II

- **Exercise & Sports Nutrition**
- **Foundations of Coaching**



- **Working with Clients**
- Nutritional Biochemistry
- Immune & Autoimmune Health **Stress & Endocrine Interactions**

BUSINESS

- Networking
- **Business Finance**
- Bookkeeping
- Job Search
- Starting a Practice
- **Business Plan**
- Marketing



- **Gastrointestinal Health**
- **Liver Detoxification**



- **Client Case Presentations**
- Cardiovascular Health
- Cancer



- Mental Health
- Musculoskeletal Health
- Reproductive Health & Aging

PRACTICUM

- **Teaching Classes**
- **Community Engagement**

NUTRITION CONSULTANT PROGRAM REVIEWS





I had first looked at doing this course over 20 years ago, then had twins and everything else took a back seat to raising them! As they turned 18 and the pandemic made unexpected space in my life, I jumped in and am so, so happy that I did! I learned more than I ever imagined, not only about nutrition, the science behind it all, but also how what we eat and all of the other factors, such as sleep, stress, exercise, impact our wellbeing. After graduating from this course, I immediately started seeing clients and feel very well prepared to begin this new chapter in my life as I help people take steps to start to find healing through food and lifestyle. There is a business course section to help you learn all those pieces as well!





I am so glad to have taken the chance to apply to the Nutrition Consultant Program. The instructors and staff are wonderful. The knowledge I have learned thus far has been life changing! I am grateful to have the tools necessary to take charge of my health and assist others in doing the same. Shout out to the HNC team!

SCAN

TO READ THESE REVIEWS IN THEIR **ENTIRETY, SEE MORE REVIEWS, OR** WRITE YOUR OWN REVIEW

