

## Your NHI Digital Learning Tool

As a National Holistic Institute student, you will enjoy the use of digital learning tools in and out of the classroom.

The recommended digital device to support the required programs and systems is a Lenovo Laptop. For your convenience, you can purchase a **256GB Lenovo Laptop** directly from National Holistic Institute.



### What you get when purchasing your electronic device through NHI:

- Tuition financing for those who qualify
- On-site troubleshooting support
- You can be sure NHI's education programs and systems will be compatible

### Device Details:

- Laptop
- AMD Ryzen 5 5625U Processor
- Radeon Graphics 2.30 GHz
- Win 11 Pro
- 8 GB RAM
- 256 GB SSD Hard Drive
- 14" screen 1920 x 1080 (Full HD)
- NFC
- Bluetooth
- Wi-Fi 6

## Bringing Your Own Digital Learning Tool



### Your device will need:

- A minimum storage space of 16GB
- The ability to connect to a wireless network
- A current, updated Edge browser is required (all updates installed that the browser has identified are needed)
- A browser capable of accessing websites using HTML5 coding; test your device by checking out this video (link: <https://www.youtube.com/watch?v=p4IPInVKPlw>)

**Note:** Chromebooks are not compatible with many apps needed for the program, and are not recommended.

**Note:** Phones are not sufficiently functional for use with NHI programs

**Tip:** newer devices are likely to be faster both in the action of the device and connecting to the wireless network

While there is more than one digital device option to support your National Holistic Institute educational experience, the recommended digital device is a Lenovo. For your convenience, you can purchase a **256GB Lenovo Laptop** directly from National Holistic Institute.

**Regardless of the device you choose** to use for your education, it is important to have sufficient WiFi bandwidth available to you in the location where you will log in for your distance learning classes to ensure your camera can be on and you can fully participate for the duration of these classes:

- For best experience in class and most internet stability, it is recommended that the WiFi is **60mbps** for each person who will be using the internet throughout the day. For example:
  - If it will only be you, then 60mbps is perfect
  - If there are 3 people needing use of internet, 180mbps would be the recommendation
- For further recommendations from Microsoft: <https://learn.microsoft.com/en-us/microsoftteams/prepare-network#bandwidth-requirements>